



# MURRIETA POLICE DEPARTMENT

## TRAINING UNIT

Tony Conrad, Chief of Police

2 Town Square, Murrieta, CA 92562

### Senate Bill 978—Quarterly Training 2022

*\*\* Pursuant to Senate Bill 978, below is a tabulated list of training (formal and informal) from:*

**October 1, 2022-December 31, 2022**

\*\*\*\*\*

**October:**

- Basic K-9 Handler
- Advanced Arrest & Control
- Arrest & Control Instructor
- Field Training Officer
- Critical Incident Leadership for Field Supervisors
- Courtroom Testimony
- SWAT Team Leader
- Crisis Intervention
- K9 Agitator
- Dispatch Handling the Rising Tide of Suicide
- ICI Core Course
- Auto Theft Training Seminar
- Field Training Program / S.A.C. Management (FTP)
- Investigating Child Abuse and Child Homicide Cases



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***October 1, 2022-December 31, 2022***

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**October continued:**

- Background Investigation
- PSP Arrest & Control
- ICI Narcotics Investigations
- SWAT Academy
- Communications Training Officer
- Public Safety Honor Guard
- Vehicle Theft Investigations
- Executive Development Course
- Communication-A Positive Approach
- Wellness on the Front Line
- Supervisory Course
- Chemical Agent Instructor Course
- TEAM Kids Train the Trainer
- PSP Use of Force



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**October 1, 2022-December 31, 2022**

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**October continued:**

- POST Management Course
- Terrorism Intelligence Analysis Training

**November:**

- Best Practices for Conducting Fair and Legally Compliant Public Safety Administrative Investigations
- Supervisory Course
- Basic K9 Handler
- Handling the Rising Tide of Suicide
- Dispatcher Role in Critical Incidents
- Connected Car Investigations
- Domestic Violence Extremists
- Arrest & Control / Baton Update
- CATO Conference
- Apple and Google Search Warrants
- Fentanyl Investigations and Other Synthetic Opioids



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**November continued:**

- POST Management Course
- CNOA Annual Training Institute and Law Enforcement Exposition
- De-escalation for Dispatchers
- TASER Instructor
- PSP Use of Force
- DRE Instructor
- Tactical Response to School & Community Violence
- School Violence
- Dispatcher Wellness

**December:**

- DRE Instructor
- Pistol Mounted Optics Transition Course
- PSP Use of Force
- POST Management Course



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**December continued:**

- ICI Management and Supervision of Detective Units
- Advanced Roadside Impaired Driver
- Standard NIBRS Training
- Standard Field Sobriety Testing
- Opioid Abuse and Fentanyl
- Firearms / Tactical Rifle
- ArcGIS Pro: Essential Workflows



# **MURRIETA POLICE DEPARTMENT-5820**

## **ARREST AND CONTROL COURSE-29503**

### **P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

#### **COURSE GOAL:**

The course will provide the trainee with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect.

The course consists of hands-on/practical skills as well as policies and legal issues on the topic of arrest and control training for in-service officers.

#### **ARREST AND CONTROL**

##### **Minimum Topics/Exercises:**

- a. Policies, legal standards, and report writing
- b. Use of Force considerations
- c. Safety orientation and warm-up(s)
- d. De-escalation/Verbal commands– in exercise(s)
- e. Body balance/stance/movement patterns – in exercise(s)
- f. Search – in exercise(s)
- g. Equipment/Restraint device(s) use – in exercise(s)
- h. Subject's Actions and Officer's response to force
- i. Control/Takedown - in exercise(s) Verbal command
- j. Class exercises/Student Evaluation/Testing
- k. Recovery/First Aid (as applicable)

#### **COURSE OBJECTIVES**

The trainee will:

1. Demonstrate knowledge of their individual Department Arrest and Control Policy and current case law.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques
3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
  - a. Judgment and Decision Making
  - b. Officer Safety
  - c. Body Balance, Stance, and Movement
  - d. Searching/Handcuffing Techniques
  - e. Control Holds/Takedowns
  - f. De-escalation/Verbal Commands



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ARREST AND CONTROL COURSE-29503  
P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

g. Effectiveness Under Stress Conditions

**Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.**

**EXPANDED COURSE OUTLINE**

**I. Course Introduction**

**A. Goals and Objectives**

- 1) This course is to certify officers in the search and arrest control techniques authorized by this agency that are based on Gracie Survival Tactics.
- 2) This course will provide instruction on the legal aspects of the use of force in affecting an arrest.
- 3) This course will provide training to enhance an officer's skill, knowledge, and ability to affect a physical arrest with the minimal amount of force necessary.

**B. Safety Issues**

- 1) All officers must wear comfortable clothing suitable for physical training.
- 2) Student officers must maintain a strict compliance with Instructors' directions.
- 3) There shall be absolutely NO use or demonstration of techniques NOT taught in the class.

**II. Use of Force Review/Policies**

**A. MPD Use of Force Policy (section 300)**

- 1) Review handout

**B. Paradigm/Continuum**

- 1) Sliding scale to pick the appropriate tools for the task
- 2) Not locked in to a certain order
- 3) De-escalation

**C. Reasonable and appropriate**

- 1) Graham v. Conner



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D. Powers of Arrest

- 1) 835 a Penal Code (835a,833,149PC)

E. Legal Justification

- 1) Consensual Contact
- 2) Reasonable Suspicion
- 3) Probable Cause

F. Levels of Force

- 1) Controlling
- 2) Injuring
- 3) Deadly

G. Types of Excessive Force

- 1) Perceived
- 2) Intentional
- 3) Unintentional

H. Liability

- 1) Vicarious
- 2) Accountability (Departmental, Criminal, Federal, Civil, Moral & Ethical)

**III. Approaching and Contacting**

A. Six Rules of Approach

- 1) Hands
- 2) Weapons
- 3) Friends/Relatives and Associates
- 4) Escape Routes
- 5) Footing
- 6) Cover and Concealment

B. Three Rules of Contacting

- 1) Distance
- 2) Balance
- 3) Awareness

C. Other Officer considerations:

- 1) Understand why they are doing things
- 2) Know how to and be prepared to back up any lawful orders they give suspects





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## ARREST AND CONTROL COURSE-29503

### P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

- 3) Plan ahead to know what they will do once they place hands upon a suspect; always expect a reaction from the suspect.
- 4) Be aware of their own abilities and limitations
- 5) Recognize the limitations of their equipment
- 6) Don't hesitate
- 7) Don't over extend
- 8) Don't accept challenges
- 9) Don't take verbal abuse personally
- 10) Don't underestimate a suspect or show disrespect

#### D. Cover Officer Errors

- 1) **COVER OFFICER**--takes charge when not appropriate.
- 2) Becomes **ENGAGED IN SOME OTHER ACTIVITY**
- 3) Searches persons or vehicles at the **SAME TIME** as the primary officer.
- 4) Assumes a position where he cannot be of **IMMEDIATE ASSISTANCE** to the primary officer.
- 5) **SEPERATES** from the primary officer during a chase or other time.
- 6) Places self or primary officer in to a position of **CROSS FIRE**.
- 7) **FAILS** to intervene when a fellow officer is out of line.
- 8) **COVERS UP** for inappropriate actions of the primary officer

#### IV. Class Exercises/Testing

- A. Each student will demonstrate a minimum standard of performance with every technique taught during the course.
- B. Minimum standards of performance will be evaluated by an instructor observing the student during the performance of the technique.
- C. An instructor will demonstrate to the student how to perform each technique. Each student will demonstrate each technique. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in each technique.
- D. If a student does not meet the minimum standards, remediation on the technique(s) will occur until standard is met.

#### E. Warm-up Exercises



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### **P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

An instructor will demonstrate to the student how to perform each of the five warm-up and footwork techniques. Each student will then demonstrate each technique.

- 1) Walk – 2 minutes
- 2) Jog – 3 minutes
- 3) Shrimping – 3 minutes
- 4) Forward & Backward Rolls – 2 minutes
- 5) Base Get-Up – 5 minutes

\*\*\* The following techniques are described for an officer carrying their weapon on their right side. Reverse sides for officers carrying their weapon on the left side. \*\*\*

#### **F. Trap and Roll Escape**

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the two variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Standard Variation
- 2) Punch Block Variation

#### **G. Clinch Control**

An instructor will demonstrate to the student how to perform this technique. Each student will then demonstrate the Clinch Control. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Clinch Control (Preparation Drill)
- 2) Ambush Entry

#### **H. Punch Block Series**

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the eight variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each



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play the role of the officer in order to demonstrate competence in the technique.

- 1) Stage 1 – From the guard
- 2) Stage 2 – Suspect pulls arm back to punch
- 3) Stage 3 – Suspect sits up to punch
- 4) Stage 4 – Suspects stand up to punch
- 5) Stage 5 – Suspect is standing and backs off from Stage 4
- 6) Weapon Retention (Modified Stage 1)
- 7) Callout Game
- 8) Fight Simulation Drill
  - i. Clinch Control – Disengage – Clinch Control
  - ii. Body Fold Takedown
  - iii. Suspect rolls officer over, officer establishes Guard
  - iv. Punch Block Series (End with Weapon Retention)

#### **I. Guard Get-up**

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the three variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Shrimp Drill (Preparation Drill)
- 2) Guard Get-up
- 3) Get-up Failure

#### **J. Shrimp Escape**

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the three variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Block and Shoot Variation
- 2) Shrimp and Shoot Variation
- 3) Punch Block Variation



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ARREST AND CONTROL COURSE-29503  
P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

**K. Written Test / Evaluation**



# MURRIETA POLICE DEPARTMENT-5820

## USE OF FORCE COURSE-29580

### P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

#### **COURSE GOAL:**

The course will provide the student with the minimum topics of Use of Force required in the POST Perishable Skills Training Program (PSP). The intent of the course is to improve the student's knowledge of use of force laws and policies as well as critical decision-making skills. The course consists of facilitated discussion, case study analysis, and scenarios for in-service personnel.

#### **USE OF FORCE**

##### **Minimum Topics/Exercises:**

- a. Statutory Law
- b. Case Law
- c. Agency Policies
- d. Reverence for Human Life
- e. De-Escalation
- f. Duty to Intercede
- g. Rendering First-Aid
- h. Class Exercises/Student Evaluations/Testing

#### **COURSE OBJECTIVES:**

The student will:

1. Demonstrate knowledge of use of force laws.
2. Demonstrate knowledge of individual agency's use of force policies.
3. Demonstrate an understanding of force options decision-making with every technique and exercise, to include:
  - A. Reverence for Human Life
  - B. De-Escalation and Verbal Commands
  - C. Rendering First-Aid
  - D. Legal Duty to Intercede and Report Excessive Force to a Superior Officer

***Minimum standards of performance shall be tested by an instructor observing the trainee during their participation in facilitated discussions, case study analysis, and scenarios. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.***

#### **EXPANDED COURSE OUTLINE**



**MURRIETA POLICE DEPARTMENT-5820**  
**USE OF FORCE COURSE-29580**  
**P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

**I. INTRODUCTION/ORIENTATION**

**A. Introduction, Registration and Orientation**

1. Instructor/student introductions
2. Registration/rosters

**B. Course Goals and Objectives**

1. Increase knowledge of use of force laws
2. Increase knowledge of individual agency's use of force policies
3. Increase understanding of force options decision-making

**II. POLICIES AND LEGAL ISSUES**

**A. Statutory Law**

**1. Existing law**

**a. AB 392 – Emphasize the importance of necessity**

- 1) "...it is the intent of the Legislature that peace officers use deadly force only when necessary in defense of human life."
- 2) "In determining whether deadly force is necessary, officers shall evaluate each situation in light of the particular circumstances of each case, and shall use other available resources and techniques if reasonably safe and feasible to an objectively reasonable officer."

**b. AB 392 - Emphasize the change in 835a that adds "totality of circumstances" and how it can affect the reasonableness of force that is used**

**1) PC 835a**

- a) Objectively reasonable standard - and how it has been defined in 835a
- b) Fleeing felons
- c) Suicidal persons
- d) Pre-force tactics and conduct of officer/suspect
- e) Discuss the difference in imminent and immediate threat
  - (1) Penal Code defines "Imminent" threat
  - (2) When a reasonable officer would perceive a present ability, opportunity, and apparent intent to immediately cause death or serious bodily injury

**2) PC 196**



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**P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

- a) Homicide is justifiable when committed by peace officers and those acting by their command in their aid and assistance, under either of the following circumstances:
    - (1) *In obedience to any judgment of a competent court*
    - (2) *When the homicide results from a peace officer's use of force that is in compliance with Section 835a*
  - b) What's changed?
    - (1) *Removed "When necessarily committed in overcoming actual resistance to the execution of some legal process or in the discharge of any other legal duty"*
    - (2) *Removed "When necessarily committed in retaking felons who have been rescued or have escaped, or when necessarily committed in arresting persons charged with felony and who are fleeing from justice or resisting such arrest"*
  - c. SB 230
  - 2. Pending legislation
  - B. Case Law
    - 1. Foundational cases
      - a. Graham v. Connor
      - b. Tennessee v. Garner
      - c. Hayes v. City of San Diego
    - 2. Pending cases
  - C. Agency's Use of Force Policy
    - 1. Agency's existing policy
    - 2. How has the policy changed in recent years?
    - 3. How does this affect how officers do the job?
    - 4. Officer's responsibility to notify supervisor following use of force
    - 5. Supervisor's responsibility following a notification
- III. REVERENCE FOR HUMAN LIFE AND DUTY TO INTERCEDE**
- A. Reverence for Human Life
    - 1. What does "reverence for human life" mean?
    - 2. How is this applied to the use of force?
  - B. Duty to Intercede (*Penal Code 13519.10(b)(2), Penal Code 7286(b)(8)*)
    - 1. What is a "duty to intercede?"
      - a. Bystander officer liability
      - b. What is the stigma around this?
      - c. How do we break the stigma?



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- d. How does this reflect your personal and organizational core values?
2. What is your responsibility as a peace officer to intervene?
  - a. To the public?
  - b. To fellow officer(s)?
  - c. To self?
  - d. To organization?
3. What are the consequences and liabilities?
  - a. Criminal
  - b. Civil
  - c. Administrative
  - d. Moral/ethical
4. How do you recognize when to intercede?
5. Agency's policy on duty to intercede
  - a. What is your responsibility to report to a supervisor?
  - b. Has the policy changed in recent years?
  - c. What is the policy on retaliation?
- C. Rendering First-Aid
  1. What is your responsibility to render first-aid?
  2. How does one deem when it is safe to render first-aid?
  3. Discuss agency policy regarding handcuffing techniques when rendering aid to subjects who are severely injured or possibly deceased
  4. Agency's policy on rendering first-aid

**IV. DE-ESCALATION AND VERBAL COMMANDS**

- A. De-Escalation
  1. What is it?
  2. How is it used?
  3. What are the key components and considerations?
- B. Verbal Communications versus Verbal Commands
  1. How does verbal communication fit in as a force option?
  2. How is it used as a tool for de-escalation?
  3. How might either verbal communication or commands affect the outcome of a situation?
- C. Control the Environment
  1. Tactical pause
  2. Slow down





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**P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

3. Gather information
  4. Develop a plan
  5. Time + Distance = Options
- D. Making Sound Decisions
1. What is important right now?
  2. Set priorities
  3. Think through your choices
  4. Make sound decisions

**V. CLASS EXERCISES AND STUDENT EVALUATIONS/TESTING**

- A. Practice engaging in potential use of force situations via active process
1. Individual or small group case study review
  2. Discussion of case studies
  3. Participation in role play scenarios
  4. Observation of role play scenarios
  5. Debrief of role play scenarios using the following lenses:
    - a. Department policy/legal standards
    - b. Procedural Justice – How did the response demonstrate procedural justice?
    - c. Tactics
- B. Evaluation of potential use of force situations via demonstration
1. Evaluate role play scenarios
  2. Feedback from peers
  3. Feedback and debrief from instructors using the following lenses:
    - a. Department policy/legal standards
    - b. Procedural Justice – How did the response demonstrate procedural justice?
    - c. Community expectations – How did the response demonstrate trust building?
    - d. Tactics



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**Possible Topics for Learning Activities, Facilitated Discussions, Scenarios**

- Traffic Stop
- Pedestrian Stop
- Consensual Encounter
- Disruptive/Defiant Student
- Fight in progress/Public Disturbance
- Fleeing suspect (foot & vehicle)
- Creating your own exigency
- Excessive/Potentially Excessive Force (Duty to Intercede)
- Unnecessary Force (Duty to Intercede)
- Crowd Management/Crowd Control
- Mental Health Crisis
- Person(s) with disability
  - o Autism
  - o Hearing Impaired
  - o Non-verbal
  - o Amputee
  - o Wheelchair
- Alleged suspicious person(s)
- Alleged Shoplift
- Domestic Violence
- Language/Culture barriers
- Implicit/Explicit bias
  - o Officer bias
  - o Community bias
  - o Organizational bias
- Articulation and Report Writing
  - o Review of Body Worn Camera or In Car Camera video
- Courtroom testimony