



MURRIETA POLICE DEPARTMENT

TRAINING UNIT

Tony Conrad, Chief of Police

2 Town Square, Murrieta, CA 92562

Senate Bill 978—Quarterly Training 2022

*** Pursuant to Senate Bill 978, below is a tabulated list of training (formal and informal) from:*

July 1, 2022-September 30, 2022

July

- Basic K-9 Handler
- Supervisory Leadership Institute
- PSP Firearms
- ICAC Investigative Techniques
- S.O.R.D. / David Wade Memorial Active Attack Conference
- Glock Armorer
- Violent Intruder Active Shooter

August

- Street Racing and Modified Emissions Training
- PSP Firearms
- Firearms Tactical Rifle Basic
- APCO 2022 Conference
- Supervisory Leadership Institute
- Crisis Intervention



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July 1, 2022-September 30, 2022

August Continued:

- BATI Investigative Interview and Interrogation
- Explorer Advisor Training
- IACP Impaired Driving and Traffic Safety Conference
- Motorcycle Instructor Course
- Investigative Tactics and Updates for Narcotic Cases
- CHIA conference
- Search Warrants for Patrol

September:

- Motorcycle Instructor Course
- California Massage Therapy Council Law and Code Enforcement
- Public Safety Dispatch Supervisor Course
- Advanced Traffic Collision Investigations
- Executive Development Course
- Supervisory Leadership Institute



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July 1, 2022-September 30, 2022

September Continued:

- Leadership Training Assertive Supervision
- Courtroom Testimony
- Human Trafficking Investigations
- Vice Investigations
- Standard NIBRS
- CAHN 2022 Annual Training Conference
- Dispatch, Stress Management for Supervisors or Managers
- Introduction to Search Warrants
- PSP Arrest and Control
- Senate Bill 2 Update
- 2022 Use of Force Symposium
- Basic K-9 Handler Course
- Advanced Arrest and Control Instructor
- Field Training Officer



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July 1, 2022-September 30, 2022

September Continued:

- Critical Incident Leadership for Field Supervisors
- Cultural Diversity for Dispatchers
- Pistol Mounted Optics Transition Course



MURRIETA POLICE DEPARTMENT-5820

ARREST AND CONTROL COURSE-29503

P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

COURSE GOAL:

The course will provide the trainee with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect.

The course consists of hands-on/practical skills as well as policies and legal issues on the topic of arrest and control training for in-service officers.

ARREST AND CONTROL

Minimum Topics/Exercises:

- a. Policies, legal standards, and report writing
- b. Use of Force considerations
- c. Safety orientation and warm-up(s)
- d. De-escalation/Verbal commands– in exercise(s)
- e. Body balance/stance/movement patterns – in exercise(s)
- f. Search – in exercise(s)
- g. Equipment/Restraint device(s) use – in exercise(s)
- h. Subject's Actions and Officer's response to force
- i. Control/Takedown - in exercise(s) Verbal command
- j. Class exercises/Student Evaluation/Testing
- k. Recovery/First Aid (as applicable)

COURSE OBJECTIVES

The trainee will:

1. Demonstrate knowledge of their individual Department Arrest and Control Policy and current case law.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques
3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
 - a. Judgment and Decision Making
 - b. Officer Safety
 - c. Body Balance, Stance, and Movement
 - d. Searching/Handcuffing Techniques
 - e. Control Holds/Takedowns
 - f. De-escalation/Verbal Commands



MURRIETA POLICE DEPARTMENT-5820 ARREST AND CONTROL COURSE-29503 P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

g. Effectiveness Under Stress Conditions

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

I. Course Introduction

A. Goals and Objectives

- 1) This course is to certify officers in the search and arrest control techniques authorized by this agency that are based on Gracie Survival Tactics.
- 2) This course will provide instruction on the legal aspects of the use of force in affecting an arrest.
- 3) This course will provide training to enhance an officer's skill, knowledge, and ability to affect a physical arrest with the minimal amount of force necessary.

B. Safety Issues

- 1) All officers must wear comfortable clothing suitable for physical training.
- 2) Student officers must maintain a strict compliance with Instructors' directions.
- 3) There shall be absolutely NO use or demonstration of techniques NOT taught in the class.

II. Use of Force Review/Policies

A. MPD Use of Force Policy (section 300)

- 1) Review handout

B. Paradigm/Continuum

- 1) Sliding scale to pick the appropriate tools for the task
- 2) Not locked in to a certain order
- 3) De-escalation

C. Reasonable and appropriate

- 1) Graham v. Conner



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D. Powers of Arrest

- 1) 835 a Penal Code (835a,833,149PC)

E. Legal Justification

- 1) Consensual Contact
- 2) Reasonable Suspicion
- 3) Probable Cause

F. Levels of Force

- 1) Controlling
- 2) Injuring
- 3) Deadly

G. Types of Excessive Force

- 1) Perceived
- 2) Intentional
- 3) Unintentional

H. Liability

- 1) Vicarious
- 2) Accountability (Departmental, Criminal, Federal, Civil, Moral & Ethical)

III. Approaching and Contacting

A. Six Rules of Approach

- 1) Hands
- 2) Weapons
- 3) Friends/Relatives and Associates
- 4) Escape Routes
- 5) Footing
- 6) Cover and Concealment

B. Three Rules of Contacting

- 1) Distance
- 2) Balance
- 3) Awareness

C. Other Officer considerations:

- 1) Understand why they are doing things
- 2) Know how to and be prepared to back up any lawful orders they give suspects



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- 3) Plan ahead to know what they will do once they place hands upon a suspect; always expect a reaction from the suspect.
- 4) Be aware of their own abilities and limitations
- 5) Recognize the limitations of their equipment
- 6) Don't hesitate
- 7) Don't over extend
- 8) Don't accept challenges
- 9) Don't take verbal abuse personally
- 10) Don't underestimate a suspect or show disrespect

D. Cover Officer Errors

- 1) **COVER OFFICER**--takes charge when not appropriate.
- 2) Becomes **ENGAGED IN SOME OTHER ACTIVITY**
- 3) Searches persons or vehicles at the **SAME TIME** as the primary officer.
- 4) Assumes a position where he cannot be of **IMMEDIATE ASSISTANCE** to the primary officer.
- 5) **SEPERATES** from the primary officer during a chase or other time.
- 6) Places self or primary officer in to a position of **CROSS FIRE**.
- 7) **FAILS** to intervene when a fellow officer is out of line.
- 8) **COVERS UP** for inappropriate actions of the primary officer

IV. Class Exercises/Testing

- A. Each student will demonstrate a minimum standard of performance with every technique taught during the course.
- B. Minimum standards of performance will be evaluated by an instructor observing the student during the performance of the technique.
- C. An instructor will demonstrate to the student how to perform each technique. Each student will demonstrate each technique. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in each technique.
- D. If a student does not meet the minimum standards, remediation on the technique(s) will occur until standard is met.
- E. **Warm-up Exercises**



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An instructor will demonstrate to the student how to perform each of the five warm-up and footwork techniques. Each student will then demonstrate each technique.

- 1) Walk – 2 minutes
- 2) Jog – 3 minutes
- 3) Shrimping – 3 minutes
- 4) Forward & Backward Rolls – 2 minutes
- 5) Base Get-Up – 5 minutes

*** The following techniques are described for an officer carrying their weapon on their right side. Reverse sides for officers carrying their weapon on the left side. ***

F. Trap and Roll Escape

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the two variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Standard Variation
- 2) Punch Block Variation

G. Clinch Control

An instructor will demonstrate to the student how to perform this technique. Each student will then demonstrate the Clinch Control. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Clinch Control (Preparation Drill)
- 2) Ambush Entry

H. Punch Block Series

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the eight variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each



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play the role of the officer in order to demonstrate competence in the technique.

- 1) Stage 1 – From the guard
- 2) Stage 2 – Suspect pulls arm back to punch
- 3) Stage 3 – Suspect sits up to punch
- 4) Stage 4 – Suspects stand up to punch
- 5) Stage 5 – Suspect is standing and backs off from Stage 4
- 6) Weapon Retention (Modified Stage 1)
- 7) Callout Game
- 8) Fight Simulation Drill
 - i. Clinch Control – Disengage – Clinch Control
 - ii. Body Fold Takedown
 - iii. Suspect rolls officer over, officer establishes Guard
 - iv. Punch Block Series (End with Weapon Retention)

I. Guard Get-up

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the three variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Shrimp Drill (Preparation Drill)
- 2) Guard Get-up
- 3) Get-up Failure

J. Shrimp Escape

An instructor will demonstrate to the student how to perform each technique. Each student will then demonstrate each of the three variations. Officers will pair up in teams. One student will act as the officer and one student will act as the suspect. The students will each play the role of the officer in order to demonstrate competence in the technique.

- 1) Block and Shoot Variation
- 2) Shrimp and Shoot Variation
- 3) Punch Block Variation



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P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)**

K. Written Test / Evaluation



MURRIETA POLICE DEPARTMENT-5820 FIREARMS-29501 P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

COURSE GOAL:

The course will provide the student with the minimum topics of tactical firearms and lethal force required in the POST Perishable Skills Training Program (PSP). This course will provide officers with knowledge and training in advanced firearms, tactics and skills to survive a lethal force encounter. The presentation format will be four hours of hands-on/practical skills development, which will incorporate components of tactical firearms and lethal force.

Minimum Topics/Exercises:

1. Basic Tactical Firearms Situations, Judgment and Decision making
Exercise(s) –
expanded outline must define each exercise and its terminal objective(s)
2. Class Exercises/Student Evaluation/Testing
3. Safety Guidelines/Orientation
4. Shooting/Marksanship/Accuracy Fundamentals
5. Target Recognition and Analysis
6. Weapons Clearing
7. Live Fire Tactical
8. Policy and/or Legal Issues
9. Use of Force Considerations (options)
10. Moral Obligations

COURSE OBJECTIVES:

The student will:

1. Demonstrate Understanding of Department Use of Force Policy
2. Demonstrate Tactical Handgun and Shotgun Proficiency, to include:
 - Judgment and Decision Making
 - Weapons Safety
 - Weapon Presentation Technique
 - Fundamentals of Marksmanship
 - Threat/Non-Threat Identification
 - Accuracy under Stress and Movement Conditions
 - Shot Placement, Terminal Ballistics, Wound Mechanics
 - Close Quarter Tactics
 - Utilization of Cover/Concealment
 - Movement Techniques



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P.O.S.T. PERISHIBLE SKILLS PROGRAM (PSP)

- Multiple Adversaries, Threat Prioritization
- Tactical Reloading
- Weapon Malfunctions
- Flashlight, Altered Light Shooting
- Back-up Weapon Employment
- Weapons Maintenance

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance on each technique, exercise or course of fire. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met c. Firearms testing will include safety, accuracy, competency and effectiveness with weapons/tactics.

EXPANDED COURSE OUTLINE:

- I. Lethal Force Overview
 - A. Legal/moral/ethical issues involving the use of lethal force
 - B. Civil implications of using lethal force
 - C. Report writing and preliminary investigation overview

- II. Department Use of Force Policy
 - A. Murrieta Police Department Policy #300
 1. Reasonable belief standard
 2. Imminent threat
 3. Great bodily injury/death
 4. Fleeing Felon Criteria
 - B. Supporting Case Law
 1. Tennessee vs. Garner
 - a) Deadly Force
 - b) Fleeing Felon
 2. Graham vs. Conner
 - a) Reasonableness

- III. Weapon Safety

Weapons are Considered Loaded

 - A. Always Point Weapon in a Safe Area
 - B. Keep your finger off the trigger until you are ready to fire
 - C. Be sure of your target, backstop, and beyond
 - D. Range and Tactical Safety
 1. Read Range Rules
 2. Follow Range Rules



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3. Follow Instructor Commands
 4. Strict Weapon Discipline and Muzzle Control
 5. No "Laser" of Personal Body Parts
- E. Review of Range Safety Rules (Attached)

IV. Shooting/Marksanship/Accuracy Fundamentals

Objective: To develop and refine instinctive, psychomotor shooting techniques that will produce speed, accuracy and effectiveness during an officer involved shooting.

- A. Stance
1. Strong, Balanced Ready Position
 2. Isosceles and Weaver
- B. Grip
1. Strong, Effective two-handed grip
 2. Isometric Tension
- C. Sight Picture
1. Sight Alignment
 2. Sight Focus – Front Sight Tip
- D. Trigger Control
1. Press...
 2. Straight back, steady pressure
- E. Breathing
1. Controlled
 2. Fire on exhale
- F. Recovery – Follow through
1. All elements work together
 2. Recoil Control
 3. Controlled movement back on target

V. Handgun Presentation

Objective: To develop and refine the psycho-motor skills involved in drawing from the holster which develop speed and effectiveness

- A. Count One
1. Proper Grip
 2. Holster Disengaged
 3. Support Hand to Chest Position
- B. Count Two
1. Draw



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2. Pistol is Rocked Up and Forward
 3. Wrist is Positioned Above Holster
 4. Forearm Parallel to Ground
 5. Trigger Finger is Indexed
- C. Count Three
1. Pistol is Advanced Forward
 2. Into Support Hand
 3. Isometric Tension of Hands
 4. Low Ready Firing Position
- D. Count Four
1. Pistol Raised to Eye Level
 2. Eye Focus on Front Sight
 3. Sight Alignment/Sight Picture is Verified
- E. Count Five
1. Finger on Trigger
 2. Press
 3. Maintain Sight Alignment and Trigger to the Rear
 4. Reset Trigger
- F. Post Firing Evaluation
1. Effective hit/ Calling the shot
 2. Evaluation/ Follow-up shots
 3. Low Ready Position
 4. Access the Threat
 5. Scan
 6. Reassess
- G. Re-holstering
1. ONLY when the threat warrants
 2. Reverse the Draw Count Process
 3. Count Two
 4. Support Hand to Chest Position
 5. Additional Scan and Assessment
 6. Eyes Remain on Threat
- VI. Drills and Courses of Fire
- Objectives: To develop and refine the psychomotor skills involved in using firearms, thereby maximizing speed, accuracy, and effectiveness.



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- A. Range Orientation Safety Briefing
- B. Drills/Courses Emphasis
 - a. Weapons Safety
 - b. Muzzle and Fire Discipline
 - c. Fundamentals of Shooting
 - d. Five Count Presentation
- C. Precision Shooting
 - a. Marksmanship Award Shoot
 - b. 10 rounds, 10 (or appropriate personal distance (15 to 25) yards, No Time Limit
- D. Combat Reload
 - a. Tactical Reloading
 - b. When Shooting has Stopped
 - c. Move to Cover
 - d. De-Cock (Except Striker Type Firearms)
 - e. Proper Access and Grip of Magazine
 - f. Strip/Partial and Insert/Full Magazine
 - g. Partial Magazine in Pocket, Not Pouch
 - h. Practice and Proficiency Demonstration
- E. Flashlight Shooting Drill (Low/Altered Light Shooting)
 - a. Harries/BPD Shooting Techniques
 - b. Safety Precautions
 - c. Dry-fire Practice
 - d. Reloading
 - i. Move to Knee/Cover
 - ii. Placing Flashlight Under Arm
- F. Weapon Stoppage Clearance Drills
 - a. Class 1, Failure to Fire
 - i. Clearance Drill – Tap and Rack
 - 1. Practice with Dummy Rounds
 - 2. With Live Magazines on Range
 - ii. Live Fire Practice
 - b. Class 3, Double Feed
 - i. Clearance Drill – Lock, Drop, Rack & Load
 - 1. Practice with Dummy Rounds
 - 2. With Live Magazines on Range



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- ii. Live Fire Practice

- G. Live/Dummy Round Drill
 - a. 3 Magazines with Mix of Live and Dummy Rounds
 - b. Proper Clearing of Stoppage

- H. Failure Drill (Modern Failure Drill “MFD”)
 - a. Theory
 - i. Target the CNS, Stop the Neurological Impulse Center
 - b. Shot Placement
 - i. 4 Inch Center of Cranium

- I. Multiple Shot Rapid Fire Drill
 - a. Shot Placement
 - i. Upper Thoracic Cavity
 - b. Wound Mechanics
 - i. “Bleeding Out” Incapacitation
 - 1. Major Artery – 10 or more seconds
 - c. Controlled Rapid Fire
 - i. Sight Picture, Smooth Trigger Pull
 - ii. Inside Five Yards
 - d. Accelerated Rapid Fire
 - i. Flash Sight Picture/Front sight
 - ii. 5 Yards and Closer

- J. Multiple Threat Course
 - a. Threat Assessment/Threat Prioritization
 - i. Threat ID
 - ii. Threat Weapon Type, Lethality, and Range
 - iii. Highest/Lowest Threat Prioritization
 - b. 3 Targets At The 7 Yard Line
 - i. Live Fire Practice
 - ii. With Tactical Reload

- K. Lateral Movement Drills
 - a. Lateral Movement from Immediate Line of Fire/to Cover
 - b. Simultaneous Moving and Shooting
 - c. Controlled Smooth Stepping
 - d. Drills with /without Weapon Drawn
 - e. Demonstration
 - f. Dry-Fire practice
 - g. Live Fire Practice



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- L. Close Quarter Combat Shooting
 - a. Define
 - i. Close Proximity
 - ii. Personal Contact
 - b. Retention Techniques with Handgun Drawn
 - i. Suspect Gun Grab Attempt Defense Demo
 - c. Demonstration
 - d. Emphasize SAFETY, Support Hand Out of the Line of Fire
 - e. Dry-Fire practice
 - f. CQB – 1 Yard Line Course
 - i. Dry fire practice
 - ii. Hip Point Technique
 - iii. Step Back Technique
 - iv. Close Contact Technique
 - v. Shove and Shoot Technique
 - vi. Live Fire Practice
 - vii. Variations of Defensive/Distracted Techniques
 - viii. Variations of Equipment in Hands

- M. Building Entry Drills
 - a. Target Identification, Threat Assessment
 - b. Unknown Targets of Varying Threat/No Threat Levels
 - c. Live Fire Practice

N. Combat Handgun Course - All stages start with the firearm holstered.

- Stage 1 – “Cold Qual” 3 Yard Line - From the holster - 3 Body (3 sec)

- Stage 2 – Turn and assess (x2) 3 Yard Line - Turn 120 degree - 1 CNS (3 sec)

- Stage 3 – Distance 25 Yard Line – From the holster - 3 Body (10 sec)

- Stage 4 - One Hand 7 Yard Line – Strong Side Hand – 3 Body (5 sec)
7 Yard Line – Support Side Hand– 3 Body (5 sec)

- Stage 5 - Movement (Lateral) 7 Yard Line – 90* Right Movement – 6 “MFD”
12 sec)
7 Yard Line – 90* Left Movement – 6 “MFD”
12 sec)



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Stage 6 – Emergency Reload 7 Yard Line - Move Left – 1 reload 1 (10 sec)

7 Yard Line - Move Right – 1 reload 1 (10 sec)

Stage 7 - Kneeling 15 yard line – Kneel - 3 Body (10 sec)

33 Rounds total

Passing Score is 100% (no misses off suspect target)