


# December 2023 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> Chicken Fajitas Spanish Rice Southwestern Vegetables Seasonal Fruit	<b>5</b> Chili Con Carne Biscuit Mixed Vegetables Seasonal Fruit	<b>6</b> Baked Ham New Potatoes Brussel Sprouts Seasonal Fruit	<b>7</b> Turkey Cutlet Mashed Potatoes Green Beans Seasonal Fruit	<b>1</b> Chef Salad w/ Turkey, Ham and Cheese Hard Boiled Egg Seasonal Fruit
<b>11</b> Salisbury Steak Mashed Potatoes Green Peas Seasonal Fruit	<b>12</b> Honey Ginger Chicken Thigh Golden Rice Pilaf Asian Vegetables Seasonal Fruit	<b>13</b> Pork Chop with Salsa Verde Brown Rice Southwestern Vegetables Seasonal Fruit	<b>14</b> Beef Lasagna California Vegetables Seasonal Fruit	<b>15</b> Tuna Salad Sandwich Pasta Salad Seasonal Fruit
<b>18</b> Meatballs in Marinara Sauce Pasta Italian Vegetables Seasonal Fruit	<b>19</b> BBQ Chicken Brown Rice Steamed Corn Seasonal Fruit	<b>20</b> BBQ Pulled Pork Sandwich Potato Wedges Cole Slaw Seasonal Fruit	<b>21</b> <b>Holiday Meal</b> Roast Beef Mashed Potatoes Green Beans Seasonal Fruit Apple Pie	<b>22</b> Mandarin Chicken Salad Romaine Lettuce, Cabbage, Chow Mein Noodles Seasonal Fruit
<b>25</b> <b>Closed</b> 	<b>26</b> Lemon Pepper Chicken Rice Pilaf Green Beans Seasonal Fruit	<b>27</b> Ranch Steak Mashed Potatoes Sliced Carrots Seasonal Fruit	<b>28</b> Turkey A La King Egg Noodles Broccoli Seasonal Fruit	<b>29</b> Ham & Cheese Sandwich Tomato Salad Seasonal Fruit

Milk, bread and margarine served at every meal

Menus may be subject to change. We are unable to accommodate specialty meals.

If you have any questions regarding the meal or service, please contact **Sodexo at 951-877-5950**.  
 If you have any questions for our Registered Dietitian, please contact Vanh Bender at [Vanh@healthylivingconsulting.net](mailto:Vanh@healthylivingconsulting.net).

**Congregate Site Reservations may be made at Sodexo's Office: 951-877-5950 by 1:30 pm the business day before**

Corona Snr Ctr 951-739-4966  
 Mead Valley 951-210-1587  
 Stratton 951-826-5355

Good Hope 951-943-9126  
 Murrieta 951-461-6122  
 Temecula 951-694-6464

Janet Goeske 951-351-8801  
 Norco 951-270-5647  
 Villegas 951-351-6142

Lake Elsinore 951-674-2526



All Meals Funded By Office On Aging 1-877-932-4100