



FIRE dispatch

Murrieta Fire Department, 41825 Juniper Street, Murrieta, CA 92562, www.MurrietaCA.gov, 951.304. (FIRE) 3473

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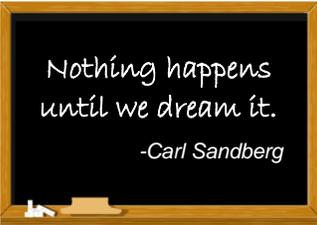


FIRE FAMILY TRICK-OR-TREATERS

Second Annual MFD Re-treat



After the first day, several of those that took part in the retreat stuck around for s'mores, hot dogs, and some good conversation...oh, and yes we asked the Fire Marshal for a burn permit!



In the **QUEUE**

- TIP fundraiser/bowling on Nov 6; RSVP-Oct 20
- New Recruit Family Night: Nov 3
- Statewide Medical/Health Tabletop: Nov 7
- Dispatch move to EOC: Nov 1-21



MAIL CALL



City of Palm Springs

Fire Department
Office of the Fire Chief
300 N. El Cielo Road • Palm Springs, California 92262
Tel: (760) 323-8181 • Fax: (760) 778-8430 • Web: www.palmsprings-ca.gov

October 24, 2016

Chief Scott Ferguson
Murrieta Fire Protection District
41825 Juniper Street
Murrieta, CA 92562-7200

Dear Chief Ferguson:

On behalf of your brothers and sisters at the Palm Springs Fire and Police Departments, Palm Springs elected officials, City Manager and Palm Springs citizens, please accept our sincerest gratitude for the support that you and the members of your Department provided beginning October 8, 2016 when two of Palm Springs Police Officers were slain in the line-of-duty. The support continued through the memorial service and the days afterward. Thank you for providing staffing at our fire stations and for being present for us with the emotional support that was much needed during this devastating loss to our departments and community.

The police and fire professions are dangerous. Through this event we have seen that we are not invincible. I have been witness to a storm of "blue" tears and waves of emotion that I never could have imagined from these men and women of steel. The City of Palm Springs thought we might have to ask for help to keep our city safe as we struggled with the aftermath of this horrific event and began to prepare to honor our fallen heroes. Thanks to you and your department members, we were able to focus on that preparation, attend debriefing and counseling sessions and allow Palm Springs' on-duty firefighters to attend the memorial service. Additionally, thank you for providing sentinels to stand guard. There was never a want or a wish that was not offered by surrounding agencies. You were there when we needed it most. You have shown the strength of the fraternal firefighter bond.

Fraternally,

J. Kevin Nalder, Fire Chief
Palm Springs Fire Department

Youth in Government Day



Mayra (MVHS) joined our team for the day as part of a Youth in Government Program hosted by the City Clerk's Office. As a future surgeon, she hung out with Jennifer Antonucci in order to gain her insight on how EMS fits within our response system.

TRAINING – *Captain Sean DeGrave*

10 Things You Should Think About Every Day You Go to Work FIREHOUSE

John Tippet Jr – Oct 5, 2016

The success of each shift depends upon a variety of wide-ranging, seemingly diverse factors. Each of these factors is accompanied by varying degrees of stress. Prevailing wisdom espouses that stress is a natural and unavoidable component of living and is, to some degree, a necessary aspect of a vibrant, thriving life (MacMillan, 2014). How one reacts to stress is the dominant determinant in whether an individual (or team) masters the stress or the stress masters the individual/team. The reaction to stress is called resilience. Resilience is a fascinating combination of internal genetics and externally acquired coping mechanisms accumulated over time. In short, how you react to stress is an amalgam of your physical and psychological make-up coupled with strategies developed during life.

Having a resilient posture can be the most significant vaccine related to dealing with the unknowns a firefighter faces each shift. Part of developing that resilience comes from remaining focused on critical factors of the trade and taking care of yourself (Mind Tools, 2016). While the list of items to focus on is long and varied (and can be a source of stress themselves), here are 10 specific questions to ask yourself at the start of each shift to ensure 1) Your “mind is right” to face the upcoming unknown challenges and 2) Boost your resilience against the rigors of being a firefighter.

1. Why did I come to the firehouse today?

This is the first, and arguably, most important consideration to start with before you walk through the station door. The answer that best sets the stage for managing the wide array of “stuff” that will be thrown at you in the ensuing shift is: “I’m reporting to the firehouse today to serve others.” Framing your presence in this context (and periodically reminding yourself throughout the shift) will orient and put your “mind right” for everything from delivering Day One of recruit training to climbing on a rig for your final shift. The fire service is, beyond all else, a culture of service. [-MORE](#)



REMSA PMAC (Pre-hospital Medical Advisory Committee) Updates:

- REMSA is drafting a contract for Dr. Vaezazizi as Regional Medical Director for both ICEMA and REMSA. This will allow for consistent medical direction and leadership between both counties. Negotiations are expected to be complete in November.
- An MCI work group forming to revise current policy, and to develop a multi-patient movement plan.
- TXA trial study was extended until March of 2018. Updated TXA number for Riverside County:
 - 113 appropriate administrations
 - 14 patients that met TXA criteria, but did not receive TXA (missed)
 - 11 patients received TXA, but did not meet inclusion criteria (fallouts)

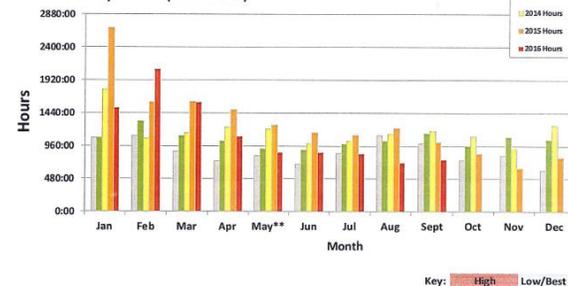
–EMS Coordinator – Jennifer Antonucci

RIVERSIDE COUNTY AMBULANCE PATIENT OFFLOAD DELAYS

Historical Data
The data provided illustrates total ambulance patient offload delay time (hh:mm) by month for 2012 through the present month of 2016 from hospitals within Riverside County. To qualify for this chart, the duration of offload delay must be greater than 30 minutes (years 2013 and forward*), and only the time period after the first 30 minutes is summed.

*Prior to 2013, offload delay data used a 25-minute standard.
**For May of 2016, actual totals may have been slightly higher than are reported due to a 3-day CAD outage.

Riverside County Monthly Ambulance Patient Offload Delay Hours (2012 - 2016)



Total Annual Hours* and Ambulance Patient Offload Delays by hospital: 2012 to 2015

Hospital	2012		2013		2014		2015	
	Total Hours	Offload Delays						
RCH	2198:41:11	3953	2712:32:25	5978	2984:29:25	7488	2773:05:19	6613
Kaiser	151:16:22	472	196:02:59	496	201:38:58	748	338:51:33	1048
Parkview	1881:03:47	2833	1171:41:25	2037	1694:56:01	2887	1408:38:48	2361
RHHS (RCRMC)	892:20:22	2276	1107:06:11	2375	1007:19:37	2547	1051:28:27	2819
Corona	1694:56:09	2803	1717:47:56	2522	1845:33:25	2912	2652:21:07	3227
Moreno Valley	268:19:32	809	420:59:39	888	545:55:06	1259	411:34:23	1147
Menifee	322:28:21	791	725:38:26	1118	733:35:51	1383	824:27:25	1332
LLUMC - Murietta	265:40:04	675	888:15:15	1411	963:34:24	1756	946:18:08	1732
Inland Valley	949:05:59	2134	643:33:09	1307	432:21:44	1112	714:29:18	1709
Rancho Springs	136:57:10	417	137:27:11	326	76:31:30	247	79:13:52	255
Temecula Valley	Opened August 2013		10:07:03	28	139:03:35	446	411:05:43	1090
Hemet	1081:16:55	2720	2535:17:35	4151	3112:04:15	5387	3153:42:33	5013
San Geronimo	222:07:47	595	127:45:02	298	157:47:22	483	374:17:20	1072
Eisenhower	64:56:15	320	54:56:39	241	243:5:53	149	39:07:26	205
Desert	233:06:47	788	68:47:04	347	40:12:27	213	50:21:13	315
JFK	81:16:43	337	58:37:55	252	79:52:57	337	116:46:03	387
Totals	10443:33:24	21,923	12576:35:54	23,815	14039:12:32	29,354	15385:48:38	30,325

*Total Hours do not include the first 25 minutes of each offload delay (2012), or the first 30 minutes (2013-present).
**Temecula Valley 2013 totals represented for a partial year.



Equipment & Facilities – BC Steve Kean

- Station 1 - Ice Machine waiting for installation
- Station 2 - Relocating PT equipment; blinds going to be installed
- Station 3 - Nothing to report
- Station 4 - Nothing to report
- Station 5 - Rear roll-up door installation- Captain Curran



SAFETY / HEALTH Captain Eric Ackerman

The Safety and Health committee is committed to our members' health, both physically and mentally. Physically, there are many exercises, diets, stretches, training, and environmental changes that the committee can provide for our members. However, mentally each member must individually make the effort to regularly conduct a personal inventory to ensure that the stress from our line of work is being handled in a healthy way. An article from Fire Engineering ([HERE](#)) provides a great synopsis of the problem of stress that the fire service is facing and some signs and symptoms that we should all be aware of.

Many firefighters remain guarded, due to a perceived stigma, that seeking assistance dealing with the stress of the job is a sign of weakness, but this is simply not the case any longer. The facts support the need for stress management programs and those who hold those antiquated views are in the minority.

Some of the alarming facts cited in the article include: 16-24% of firefighters will struggle with PTSD (the national average is 6.8%); alcohol abuse touches between 25% and 30% of firefighters; and perhaps most alarming, firefighter suicides are on the rise nationwide.

We must refuse to allow this stress to go unchecked and encourage our brothers and sisters in the fire service to seek assistance in dealing with the pressure that comes with the job.

Captains, please take some time with your crews this next week to review the linked article and review the peer counseling program and the EAP options available through the city. If anybody has any questions regarding the department's peer support programs, please contact Captain Ackerman at Station 4.

PREVENTION – Fire Marshal Jason Briley

Week of October 24-27, 2016

On October 16, 2016, I had the privilege of visiting with the Bachman family while attending Fire Service day at Station 2. As we discussed the Community and Murrieta Fire Department, the family shared a story that took place earlier this year. Mr. Bachman suffered a medical emergency in January, and his wife (who was pregnant at the time) had to perform CPR on her husband until MFD arrived within minutes of the call. Mrs. Bachman talked about how, as a school teacher, she had learned CPR and was able to perform this life saving skill on her loved one. She further spoke about how the dispatchers assured her help was on the way and when Engine 2 arrived they were the most "amazing ever."

She said while crews were helping her husband, they still took the time to check on her and calm the children. As you can see in the photo, all is well, including the newest member who is hidden by his older sister who was not at all camera shy.

Sitting with the Bachmans while listening to the story, and watching the kids play, made me extremely proud to be a member of this department. Good job Station 2.



Fire Fees Collected: \$4,622

• Final Fire	05
• Miscellaneous	00
• Field Inspection	00
• Thrust Block	00
• Fire Alarm	00
• Fire Sprinkler	02
• Alarm Tie-in	00
• Fire Flush	00
• Functional Test	00
• B2 Inspection	00
• Overhead Hydro	02
• Underground Hydro	01
• Rough	01
• New Submittals	04
• Resubmittals	04
• <u>Plan Checks</u>	<u>01</u>
Total	20



May the FORCE be with you... Mayor Lane stopped by to drop off some donuts.



Chamber Prez Patrick Elliot is having Iron Maiden flashbacks on Halloween...

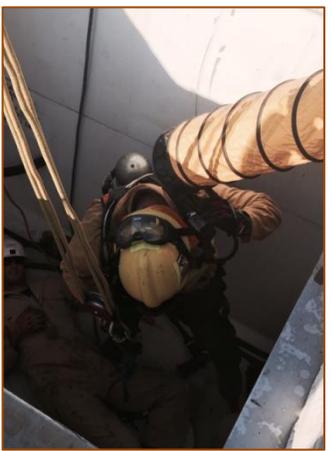


Chief Ramos enjoys a peanut butter s'more at the evening retreat break



Mayra and Jenn supporting Cancer awareness tees...

CONFINED SPACE TRAINING WITH MFD, PECHANGA AND EDISON





FIRE FLEET – Noah “The Mechanic” Praytor



- T1 in service
- T2 in service
- E2 OOS oil leak
- E3 in service
- E4 OOS repairs: Oct 25-Nov 9
- E5 in service

- E21 in service (St 4)
- B2 in service
- B3 in service
- B5 OOS – Oct 10-Nov 4
- OES in service
- R5 in service



MFD Retreat: We held our second annual retreat last week (Oct 26-27) to review the progress of our 2015-16 goals and objectives and recalibrate our expectations for the coming year. The City Manager kicked off our session on Wednesday with an abbreviated State of the City; a particular emphasis was placed on our department’s accomplishments and growing role within the “big picture.” Other topics included Accreditation, forecasts from EMS, Training, IT, Prevention, and Diana

primed us on what to expect with budget preparation, as we approach the next two-year cycle.

One particular subject of interest had to do with branding and marketing, in particular as it related to messaging and symbols, such as patches and badges.

Those in attendance have been asked to share their general experience and how the group went about narrowing the goals to those that were selected.

by **THE NUMBERS – Dawn Morrison**

October 24-30, 2016

OPERATIONS

- 64 EMS
- 00 Fires
- 03 Motor Vehicle Accidents
- 03 Hazardous-No Fire
- 20 Public Assistance
- 04 Beeping Smoke Detectors
- 05 Police Assist
- 30 Cancelled Calls
- 07 False Alarms
- 16 Miscellaneous
- 152 Total Calls



EMS CALLS ONLY

- Call Processing Time (Secs) **37**
- Turnout Time (Mins): 1:22
- Travel Time (Mins): 3:57
- Total Time to Arrival (Mins): **5:56**

FIRE CALLS ONLY

- Call Processing Time (Secs) **47**
- Turnout Time (Mins): 1:14
- Travel Time (Mins): 4:11
- Total Time to Arrival (Mins) **6:12**