Murrieta Fire Department Weekly Report

Murrieta Fire Department, 41825 Juniper, Murrieta, CA 92562, www.murrieta.org, 951.304. (FIRE) 3473

May 19, 2016

ASSIGNMENT – DEFINE COURAGE

To dare is to lose one's footing momentarily; not to dare is to lose oneself
-Soren Kierkegaard

Sometime in July, I will have the opportunity to speak to the Riverside Mid-Managers on the topic of "Having the Courage to Innovate." Aside from the honor of being asked, it caused me to reflect on both my slightly skewed definition of courage, and how impressed I have been by our membership's willingness to embrace the true essence of its meaning.

Company/Battalion Career Development Assignment: Discuss your practical definitions of courage. Consider the more difficult parts of being a first responder, and what efforts you may have made to adjust.

Here is mine – defined in 2003: As a firefighter, it may seem self-serving to choose a quality so casually attributed to a profession as distinguished as this one. Yet, it is not because of any single act of valor, vision of greatness, or marketable label that one may ponder the impact of courage. It is actually quite the opposite. I have come to believe that the bravest of the brave must do more than wear the badge of firefighter; they must also be capable of crawling out from beneath the weight of it.

History shares that the philosophy of virtues has its roots in ancient Greek civilization. Poets and playwrights, such as Homer and Sophocles, depicted the morality of their heroes and antiheroes in terms of their particular virtues and vices. Plato believed that an integral part of one's quest for truth could be found in understanding the ideal nature of virtues such as justice, piety, honor, and courage. Aristotle argued that moral virtues are desire-regulating character traits which are at a mean between more extreme character vices.

Frankly, if Homer, Plato, and Aristotle were alive today I am not sure how they would reconcile their definitions of virtue against the ashen images of those pressed into service on September 11, 2001. Still, without discounting the valor of these men and women, twenty-years of working within the fire service has refined my perspective.

Over time, I have grown to honor more than the courage it takes to march into a burning building or face a mourning relative. Instead, my greatest respect is saved for those that, in the face of an array of pressures, still embrace personal growth and cultural change within the fire service.

The notion is not as deep as it may sound. Theaters are full of tales exploring the adventures of swash-buckling heroes. The physical, emotional, and psychological trials of an individual make for good copy.

With this said, I believe it is the untold stories of firefighters standing up for "what is right," despite the harsh comments, pursed lips, or, ill-meaning stares of their peers, that exemplifies a deeper sense of courage.

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No one trained me for this…

CAUGHT IN THE SPOTLIGHT

Congratulations to Dave Perez on being selected as our next Battalion Chief, pending the retirement of Chief Monroy.

The final decision was *very* difficult, but in the end, it was Dave's experience that set him apart – Well done!

IN THE QUEUE

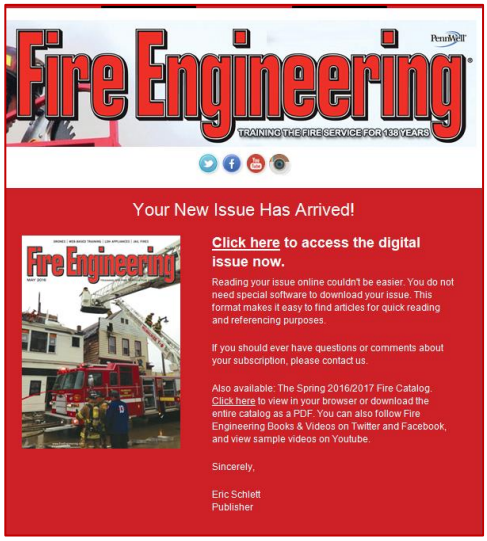
- May 16-27 – Ch. Lantzer@ National Fire Academy
- May 9 – forward: name@MurrietaCA.gov change
- May 16 – New email retention policy in effect
- May 19 – PD Recognition Lunch
- June 2-3 – MFD Captain's exam
- June 7 – TLO Basic class in Murrieta
- June 14 – CERT Train the Trainer
- June - CPR, ACLS, and PALS
- July 25 – Unearth MFD time capsule

Thank You letters

May 2, 2016

A huge THANK YOU to the wonderful firefighters who came out to our annual Mom: Baby fun @ Rancho Springs this past Saturday! We truly appreciate your support. The kids and parents loved having you! Thank you for ALL you do! warmly, Tanya Cano RCHSD

Curran, Schmader, Riegelman



Digital issue **HERE**

Nice Sampling of H.S. Kids Ride-Along Letters

Dear Captain Hansen,

I am a student from Murrieta Mesa High School, and went on a ride along at station #2. Thank you very much for your kind patience and for the opportunity. I had a great experience during both ride alongs.

During the ride along, I learned that it is important to remain calm at certain situations regardless of what is happening. Also, I had a better observation of how the fire department in Murrieta effectively help the community.

My future academic plans consist of going to a four-year university and later on going to a medical school. I am hoping on becoming a non invasive cardiologist or a pediatrician. Overall, I had a great experience with the Murrieta Fire Department and really appreciate what they do for the community.

Sincerely,
Megha Prajapati
Murrieta Mesa High School

Dear station two,

Thank you so much for letting me do a ride along with you guys! I had a great time both days hanging out with you. you guys are hilarious! Andrew thanks for keeping me entertained you and Matt had me cracking up Matt and Garrett, thank you for showing me around and for answering all of my questions. Bryan, thanks for talking to me about college and life in general and for showing me pictures of your daughter I loved seeing how excited you are about her. you guys were all really nice and you could tell that you guys love your job. I thought it was really cool how much of a family you guys are and how even when we didn't get a call you guys were practicing and training. It was awesome seeing you guys in action and I definitely have a new respect for the work you guys do. I have finally made a decision and I have committed to Northern Arizona University as a biomedical science major and I am really excited to start in the fall. Thank you so much for the experience it's definitely one I won't forget.
Sincerely,
Mikayla Kea

Dear Station 3,

It was an amazing experience to be able to have done. Thank you for giving my class and fellow students the opportunity to have gone on the ride along what I learned on my ride along was how the EMS works, and how to handle the patients with health and care. What I plan to do in the future is become a pediatrician and help children. Thank you for all you do for our community and the risk you put yourselves in daily.

Sincerely,
Nicolle Leinaweaver

Dear Station 3,

Thank you for letting me join you for the day. I have learned to be calm and to control my nerves. The reason why I went on the ride along is to see what happens before the patients get to the hospital. Seeing that made me realize that I do want to become an nurse. Thank you for everything.

Sincerely,
Dominique Johnson
Murrieta Mesa

The medical pathways program at Murrieta Mesa High School is an opportunity to make an impression on our future healthcare providers. These are the kids that will be voters, making decisions in the city and providing us with medical care. The perspective you give them on pre-hospital care is invaluable. Thank you for supporting this program and providing feedback to improve the process in the future.

- Jennifer

EMS Light Reading
Cases With a Twist: When a Call Turns Violent

CFED Conference and Expo, May 22-26 - Paramedic Competition May 23 and 24

Outstanding Patient Care and Customer Service!

Bryan Riegelman, Richard Curran, and **Andy Schmader** had 2 full arrests in 2 days.

5/7: 89 year old male in full arrest with return of spontaneous circulation (ROSC).

5/8: 51 year old male in full arrest
Both patients had great documentation, with king airway use, capnography and a very thorough narrative! Excellent!

5/9: **Eric Ballard, Eric Ackerman** and **Joe Bourque**

76 year old male in V-Tach with pulses. Excellent care and decision to transport to STEMI receiving hospital. He is doing well. The crew also drove the wife in her vehicle to the hospital, so she could be with her husband!

Outstanding medical care, compassion and documentation!

DATES - CPR, ACLS, PALS:

June 7 and 8
June 15 and 16
June 29 and 30

Dan Sitar, PLN at Inland plans to visit MFD stations on May 20 for EMS week.

OPERATIONS

75 EMS
2 Fires
6 Motor Vehicle Accidents
4 Hazardous-No Fire
28 Public Assistance
12 Beeping Smoke Detectors
5 Police Assist
13 Cancelled Calls
6 False Alarms
8 Miscellaneous
159 Total Calls

This week's mind blowing numbers…

Equipment Brief

- The Mechanic

Truck 2 – Head gasket/relief valve light 5.23→

Brush 3 - PM, transfer value/tires May 10-12

Engine 2 - Flag installation 5.17

Engine 5 – Head gasket – OOS: 5.16-23

EMS CALLS ONLY – (April 25–May 1)

Call Processing Time (Secs): 36← **NICE!**
Turnout Time (Mins): 1:09
Travel Time (Mins): 4:00
Total Time to Arrival (Mins): 5:45

FIRE CALLS ONLY

Call Processing Time (Secs): 46 ← **NICE!**
Turnout Time (Mins): 1:19
Travel Time (Mins): 4:32
Total Time to Arrival (Mins) 6:37

Facilites Brief

- BC Kean

Station 1: Shop: OSHA inspection complete; getting quotes: bathroom remodel
Station 2: Roof /rain gutter repair: contractor selected; processing PO
Station 3: Front door replaced; getting quotes for painting and FA monitoring
Station 4: Bids being obtained for fire alarm repair and painting
Station 5: Plymovent Installation budgeted; waiting on finance processing

Murrieta's Population Grows to 113,795: State Report

- **Murrieta:** 112,576 to 113,795; 1.1 %
- **Corona:** 163,317 to 164,659; 0.8%
- **Menifee:** 87,286 to 89,004; 2.0%
- **Palm Springs:** 46,204 to 46,654; 1.0 %
- **Temecula:** 107,794 to 109,064 ;1.2 %
- **Wildomar**: 34,758 to 35,168; 1.2 %

PREVENTION DIVISION

Dates: April 18 - 15

Fire Final	4
Fire Underground Hydro	3
Fire Alarm	1
Fire Rough	2
Fire Sprinkler Final	6
Fire Miscellaneous	1
Fire Flush	0
Business Inspection	0

New Submittals
- Fire Sprinkler 1
- Fire Alarm 1
- Building 5
- Underground 0

Resubmittals
- Fire Sprinkler 0
- Fire Alarm 0
- Building 1

Approved Plans	16
Corrections	5
Fees Collected	$2,605

MURRIETA VALLEY SCHOOL DISTRICT
SCHOOL SITE FACT SHEET

School Site	Grades	Site Acreage	# Classrooms	Bldg. sq. ft.
MURRIETA ELEM*	K-5	10	41	60,094
AVAXAT ELEM*	K-5	13.4	45	61,862
ALTA MURRIETA ELEM*	K-5	14.38	48	73,635
RAIL RANCH ELEM*	K-5	10	39	61,185
E. HALE CURRAN ELEM*	K-5	14.36	41	62,565
TOVASHAL ELEM*	K-5	15.62	36	60,837
COLE CANYON ELEM	K-5	8.35	46	62,423
DANIEL N. BUCHANAN	K-5	10.67	58	75,874
MONTE VISTA ELEM	K-5	12.4	53	71,584
ANTELOPE HILLS ELEM	K-5	9.5	40	62,679
LISA J. MAILS	K-5	15.27	39	65,901
SHIVELA MIDDLE SCH*	6-8	14.84	54	115,147
THOMPSON MIDDLE SCH*	6-8	20	60	116,691
WARM SPRINGS MIDDLE*	6-8	23	67	124,418
McELHINNEY MIDDLE SCHOOL	6-8	30.88	63	130,657
MURRIETA VALLEY HS*	9-12	48.5	127	274,386
CREEKSIDE HS	9-12	5	13	23,224
VISTA MURRIETA HS	9-12	68.58	132	292,239
MURRIETA MESA HS	9-12	62	82	249,261
TENAJA CANYON ACADEMY	K-12	N/A	N/A	N/A
TOTALS		406.75	1084	2,044,662

Thank you to Doug and School District for data.

In an effort to rejuvenate the relationship between the Murrieta Valley School District and our fire prevention bureau, a meeting was held at the district office discussing future relationships as they pertain to state mandated annual inspections and disaster preparedness on their campuses. The district was very pleased to hear we would be visiting all of locations this year and were excited to share their disaster plans with us. Below are the schools and their size for your review. *- Jason*

Virtue of courage – continued.

Too often, our members get caught up in the unhealthy customs of the past, even to the extent of tarnishing those worthy of merit. Kitchen gossip, trash-talking, and foot-dragging have, for a few, become time honored traditions.

One does not have to closely follow the tenants of the Ten Commandments to cringe at how some firefighters treat themselves, each other, or even the community. Though certainly a minority, those partaking in such banter seem to have a vexing power over the more impressionable. As an Operations Chief, much of my time is spent fielding phone calls from interested parties that feel an injustice has been done. If I were write a book, its theme could easily focus on an underdeveloped sense of ethics and a lack of courage for standing up for ones beliefs in a given circumstance.

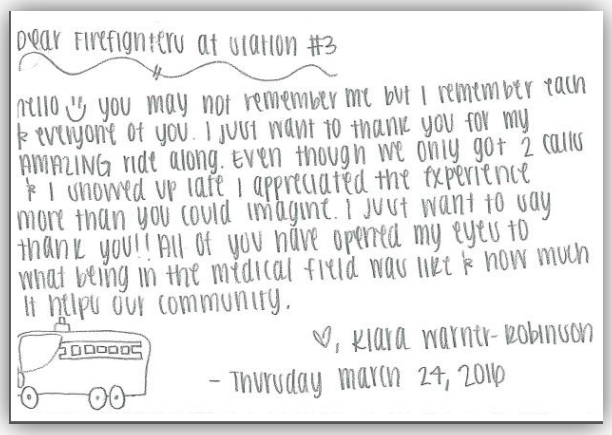
A key word search on Google.com reveals 3,590,000 (2016: 13,700,00) choices on the topic of courage, ranging from whistle blowers to knights clad in armor. Although each shares a thread of similarity, the nuances distinguishing our historical figures are many, and often very painful.

Consider the long-term impact of Sherron Watkins' decision to report Enron executives for their shady accounting practices, or the pressure that Erin Brockovich experienced for her three-decade investigation of the Pacific Gas and Electric Company in Hinkly, California. Although each was at one time considered a pariah, they eventually earned respect for their ethical convictions.

In terms of the fire service, I believe the greatest virtue begins with having the nerve to stand up for what is right in the face of the pressures of unwritten cultural deviancies. "It would be impossible to do thousands of other virtues if you don't have the courage to simply be true to yourself" – *Aristotle*.

Report FIRE NEAR MISS

Another Letter...


Dear Firefighters at Station #3

Hello ☺ you may not remember me but I remember each & everyone of you. I just want to thank you for my AMAZING ride along. Even though we only got 2 calls & I showed up late I appreciated the experience more than you could imagine. I just want to say thank you!! All of you have opened my eyes to what being in the medical field was like & how much it helps our community.

♡, Klara Warner-Robinson

- Thursday March 24, 2016

So we can all go home…

SAFETY/HEALTH

-MFD Safety and Health Committee

VALUE: Peer Counseling - Ackerman

There is simply no avoiding it, our job takes its toll. Physically it can be obvious from injuries to surgeries to simply waking up in the morning a little more sore than we used to. What is less obvious, however, is the mental toll that each and every one of us endures.

The conventional perception of viewing mental challenges within our job as "weakness" should no longer be held and the concept of leaving work stress "at work" is never as simple as that. The sad and scary truth is that our work life affects our home life and vice versa. The good news is that this department is full of compassionate and caring men and women who want to see each other thrive both personally and professionally.

Policy 109.07 explains the procedure for utilizing our peer counseling program and EAP is available to all employees to seek help without worrying about their coworkers knowing or getting involved (EAP can be reached at (800) 342-8111). Both of these programs provide trained individuals for our members to help them work through whatever challenge they are facing.

The link below is a website for Tina Casola, and first responder mental health specialist who helped Chief Shobert following his on-duty injury and has since worked behind the scenes with the peer counseling program. The website provides great information regarding mental health in the fire service as well as some possible signs and symptoms that those struggling may display.

Let's look out for each other and ensure that we are going home both physically and mentally healthy each day.

www.firstrespondertraumaspecialists.com