



MURRIETA FIRE DEPARTMENT

EMERGENCY PREPAREDNESS CHECKLIST



Stocking up now on emergency supplies can add to your safety and comfort during and after an earthquake or other emergency. Store enough supplies for at least seven days.

Survival

- Water – 1 gallon per person per day
- First aid kit, freshly stocked
- First aid book
- Food (packaged, canned, no-cook, baby food, special diets)
- Can opener (non-electric)
- Blankets or sleeping bags
- Portable radio, flashlight and spare batteries
- Essential medications, spare eyeglasses
- Fire extinguisher – A-B-C type
- Cash and change
- Food and Water for pets
- Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices

Tools and Supplies

- Axe, shovel, broom
- Adjustable wrench for turning off gas
- Tool kit including a screwdriver, pliers and hammer
- Coil of ½” rope
- Plastic tape, staple gun and sheeting for window replacement
- Bicycle
- City and regional map

Family Action Planning

- Create family emergency plan
- Teach children emergency phone numbers of family and out-of-state contacts
- Update emergency contact names and phone numbers on school release forms
- Conduct a family disaster drill twice a year

Safety and Comfort

- Sturdy shoes
- Heavy gloves for clearing debris
- Candles and matches
- Light sticks
- Change of Clothing
- Knife or razor blades
- Garden hose for siphoning and firefighting
- Communication kit; paper, pens, stamps
- Tent

Cooking

- Plastic knives, forks and spoons
- Paper plates and cups
- Paper towels
- Heavy-duty aluminum foil
- Camping stove for outdoor cooking (Caution: Before using fire to cook, make sure there are no gas leaks; never use charcoal indoors)

Sanitation Supplies

- Large plastic trash bags for waste; tarps and rain ponchos
- Large trash cans
- Bar soap and liquid detergent
- Shampoo
- Toothpaste and toothbrushes
- Feminine hygiene supplies
- Toilet paper
- Household bleach

For additional information, contact the Murrieta Fire Department at (951) 304-FIRE (3473)